

HE VVESTIN BEAR MOUNTAIN GOLF RESORT & SPA VICTORIA

# THE WESTIN BEAR MOUNTAIN GOLF RESORT & SPA Green beyond the Greens

Green is an important word at Bear Mountain Resort with the course greens and resort operations managed with a keen environmental awareness. Priority areas of focus include improvements in energy and water conservation, waste management and wildlife enhancement.

A member of the Audubon Sanctuary Program through Audubon International, with such things as the planting wild flowers to promote more butterfly's and bees, Bear Mountain Resort is well on its way this year to being certified as an Audubon Sanctuary Golf Course.

For regular maintenance, the Bear Mountain Greens Crew uses a combination of organic and standard fertilizers, implementing a 'spoon feeding' fertilizing program to greens, tees and fairways, which means applying liquid fertilizer more frequently by spraying directly to the plant. This special technique eliminates chances of leaching or runoff. An environmental monitor tests the waters four times a year on the courses, and in the seven years of operating the resort, results have been consistently positive. Additionally, the Westin Bear Mountain has introduced their own colony of bees to aid in the pollination of their herb gardens and to enable the inclusion of hand harvested honey in their culinary creations. This opportunity is supported by Bear Mountain's integrated pest management program that is free of insecticides.

Bear Mountain's Greens Crew has worked to create and preserve wildlife habitats in and around the golf courses, choosing to retain specific dead trees, turning them into natural wildlife habitats for resident birds, instead of having them removed. Wildlife corridors and brush piles were created for all of our small animals. These corridors and brush piles help provide protection while moving about the property.

Osborne Pond and Matson Lake on the Valley Course have been regularly stocked with juvenile Coho, called appropriately enough, Parr. Two fish ladders have been installed; 1 for Matson Lake and 1 in Osborne Lake to assist the salmon with their departure to Millstream Creek. We look forward to stocking Osborne Pond again in the fall of 2013. The addition of trout into Armstrong's Pond on the Mountain Course acts as a natural food source for a variety of local wildlife, even attracting the odd otter.

Last spring, Langford Park's Department installed a 50' long hypo limnetic aerator weighing 12,000 lbs. (5.443 metric tonnes) into Langford Lake, one of the top 5 fishing lakes on Vancouver Island. This was an important addition as it will improve the water quality for both people and fish by oxygenating the whole lake and reducing the severity of the future algae blooms. This new aerator replaces the obsolete and underperforming aerator that was in the lake since the 1980's. We are proud to say that Bear Mountain was a significant contributor to this community project.



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## WATER CONSERVATION

Water conservation efforts are taking place on a continuous basis.

- Well water is used for both golf courses.
- Low flush toilets installed throughout the hotel to assist in water conservation.

Guests can do their part by participating in the following programs:

- Opt out of daily housekeeping service (towel and sheet exchange). Guests receive either 500 Starpoints or \$5.00 credit towards breakfast. This program is available at all Starwood Properties.
- Opt to not have the dishwasher run daily, instead waiting until there is a full load.

#### RECYCLING

Waste Management paper, packaging and garbage are a reality of our lives, and of any business. Initiatives at Westin Bear Mountain include:

- Recycling bins throughout hotel including all guestrooms, meeting rooms, public space and employee areas.
- 60-70% of monthly guest waste is diverted from going into landfills. Used linen and paper products are offered to local charitable organizations.
- Starwood Hotels has partnered with Clean the World collecting and recycling discarded soap products and distribute these lifesaving products to impoverished people preventing deadly hygiene-related illnesses. Last year the Westin Bear Mountain donated over 20,000 units.
- Internal recycling programs for cooking oils. Grease Traps: in all kitchens prevent grease from entering the municipal sewer system.
- Internal recycling programs for batteries, light bulbs and pallets.

## GREEN CUISINE

The Westin Bear Mountain is committed to purchasing local, organic, Fair Trade and sustainable food products wherever possible, including utilizing organic or biodynamic wines, local purveyors and onsite herb garden.

- Five organic bee hives, with over 300,000 bees have been installed at the Westin Hotel. The honey is put to good use by the hotel culinary team as well as local breweries looking for organic honey for ales. Master's Lounge proudly serves Bear Mountain Honey Brown Ale.
- Proud to be a member of the Vancouver Aquarium's Ocean Wise program, only sustainable seafood choices.
- 20% off all vegetables used in the hotel are certified organic. The remainder of the hotel's produce is responsibly grown and locally harvested wherever possible, as well as free-range eggs, local island cheeses.
- Composting: kitchen waste, grass clippings and garden waste. This composted material is used in garden beds at the resort, which uses only organic fertilizer.
- Chef's Herb Garden: Supplying the various outlets with fresh herbs and seasonal berries.



#### ENERGY

The use of electric carts saves the use of gasoline and harmful emissions produced by a 154 cart fleet. Our electric carts travel approximately 600,000 kms a year so the use of electric carts at Bear Mountain saves a great deal of emissions.

- Approximately 80% of our lighting is energy efficient LED in partnership with BC Hydro's PowerSmart Program.
- Our DDC (Direct Digital Controls) building control systems maximize heating and cooling with numerous sensors and thermostats strategically placed. It also controls building pressurization in common area air quality and flow.
- Exterior lighting operates on a solar Latitude/Longitude System (reading where the sun is on the earth at all times), being more energy efficient than the old photoelectric cells, which could continually turn lights on and off with the passing of a cloud.

## GREEN KEY ECO-RATING PROGRAM

The Westin Bear Mountain has been awarded 3 Green Keys.

3 Green Keys: A hotel that has taken significant steps to protect the environment. Strong environmental programs, best management practices, training programs, and engineering solutions have been implemented which have benefitted the environment and the local community.

## PARTNERSHIPS AND AFFILIATIONS

- British Columbia Hydro Power Smart Member
- Vancouver Aquarium Ocean Wise Program
- Audubon International
- Clean the World: Recycling Soap. Saving Lives.
- FairTrade International
- Green Key Eco-Rating Program: rating systems designed to recognize hotels, motels and resorts that are committed to improving their environmental and fiscal performance.









Clean the World



All seafood options on this menu are recommended by the Vancouver Aquarium's Ocean Wise program as ocean-friendly.

Situated in the foothills of Mount Finlayson with breathtaking views of Victoria's seaside harbour, Bear Mountain Resort offers the best of both worlds: an idyllic natural setting only minutes from the allure of BC's sophisticated and charming capital city. Nestled in the mountainside landscape with vistas of the Olympic Mountain Range, the Strait of Georgia and the Strait of Juan de Fuca, Bear Mountain Resort comprises over 800 acres and features two world-renowned Nicklaus Design golf courses and, at the heart of the village, a Westin hotel.